

# Mastering Student Motivation

True motivation comes from within

No amount of badgering from teachers or parents can motivate a student in the same way that self-motivation can.

Mastering Student Motivation is designed to inspire students of all ages to find their own reasons 'Why' they want and deserve to succeed, 'Why' they want to work hard and, indeed, 'Why' they should bother to get out of bed in the morning!

This is a fantastic, dynamic and highly inspirational workshop that leaves students excited about their future and willing to put in the effort they need to succeed!



## Description

**Mastering Student Motivation** is a high impact experience designed to motivate students to take responsibility for their own futures.

It helps students to identify their own ambitions and the reasons that they want to succeed for themselves – not just because adults tell them they have to!

With their objectives clear it then provides a simple but effective goal setting template for them to use over and over again as they become accomplished goal setters and achievers.

Run in your school hall to groups of 150 at a time, this 2½ hour seminar will empower your students with self-motivation and healthy, target-centered thinking patterns.



## Benefits

Students question their limiting belief systems & adopt a healthier, positive state of mind.

Students challenge habitual thinking patterns and replace them with more positive behaviours.

Students develop self-motivation skills, become focused on achieving self-set goals and become more confident in their ability to succeed.



## Content

Using the powerful personal development model State - Behaviour - Results, this seminar is especially useful for: students who have little idea about what they want to achieve in life; students who lack the drive to succeed; students who lack the stamina to pursue self-set goals and those who see exams as the end of the learning process.

It offers students the opportunity to clearly identify their own ambitions and puts the school/college learning process into a context that is meaningful to them. It also provides them with a template they can use time and again to set short, medium and long term goals – a fantastic way to chart their progress through school and college.



## Aims

To encourage students to take personal responsibility for their futures.

To remove self-limiting beliefs and glass ceilings.

To encourage students to develop self-motivation.



## Results

Students learn to challenge habitual behaviours and thought patterns replacing them with more positive ones.

They become conscious of, and manage, their own state of mind and make the fundamental attitude and motivational shift needed for lasting changes that lead to achievement and success.

***"I now go through school more confidently with the knowledge I picked up."***

Student



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