



Pontypridd High School

Suggested Remote Learning Timetable

Years 9 & 10



Core work (Maths, English, Science) will be released on Monday of each week

Option Subjects will be released on Thursday of each week

	Monday	Tuesday	Wednesday	Thursday	Friday
Registration 8:30	Virtual Assembly				Virtual Assembly
Fitness 9:00	Joe Wicks Workout PHS PE Challenges	Joe Wicks Workout PHS PE Challenges	Joe Wicks Workout PHS PE Challenges	Joe Wicks Workout PHS PE Challenges	Joe Wicks Workout PHS PE Challenges
Session 1 10:00 - 12:00	Core Work	Core Work	Core Work	GCSE Option Subjects	GCSE Option Subjects
Lunch 12:00 - 13:00	Prepare own lunch if possible	Prepare own lunch if possible	Prepare own lunch if possible	Prepare own lunch if possible	Prepare own lunch if possible
Session 2 13:00 - 15:00	Core Work	Core Work	Core Work	GCSE Option Subjects	GCSE Option Subjects
Reading 15:00 - 15:30	Reading	Reading	Reading	Reading	Reading