







PROTECT THE NHS



Save lives



### By Miss Griffiths

You may have seen on social media that people have been creating rainbows to put in their window during this isolation period. These aim to make people smile and share hope in the community.

You can be as creative as you can! Here are some ideas:

- Window painting
- •Chalk drawing on the wall/floor
- Drawing
- Cutting and sticking
- Sewing
- Handprints

Send photographs of your completed rainbow to Miss Griffiths - griffithsr@pontyhigh.co.uk

# ISCOVER





### STAY SAFE STAY HOME

### **Pontypridd High School**



We are calling for pupils to take part in our blog as part of their home learning. The blog does not need to be long and can be about anything you like.

Blog Ideas could include positive messages, thoughts and Feelings, book review, film/TV review, physical activity review, cooking recipe you have tried, activities you think your peers may enjoy. You can add images, videos and links to your blog. Send your blog to Miss Griffiths - griffithsr@pontyhigh.co.uk

## **ACHIEVERS**

### **Excellent Home Learning in English**

Evan Davies, Evelyn Cartlidge, Jack Jones, Tilly Barker, Corey Foggarty, Aisha Malik, Sarah-Beth Phillips, Ella Hunt, Megan Stock, Corey Vining, Connor Whiles, Carys Lewis, Ben Dackins, Mia Cartlidge, Lily Billingham, Hannah Oken and Chloe Foggarty.

### **Excellent Home Learning in Maths**

Dax Ellis, Oliwia Urbanska, Deena Wattley, Hannah Okon, Rory Beckley, Jay Jones, Aron Lewis, Mason Riley, Tilly Rixon, Cole Saunders, Chelsea Mander, Mellissa Sepet and Alexia Bindczus.

### **Excellent Home Learning in Physical Education**

Ben Fuge, Georgia Pritchard, Mason Owen, Eva Morgan, Alice Britton, Sadie Price, Eve Wells, Molly Meecham, Ella Furmage, Evelyn Cartilage, Brooke Rattray, Ceri Palmer and Arwen Thomas.



By Mrs Sidoli

Sometimes a chocolate craving hits and you need something fast. This chocolate mug cake is perfect for such moments.

### The ingredients

4 tbsp self raising flour

4 tbsp sugar

2 tbsp cocoa (reduce the sugar to 2tbsp if using drinking chocolate)

1 egg

3 tbsp milk

3 tbsp oil

### The recipe

Mix dry ingredients in a large mug.

Add egg and mix.

Add oil and milk and mix.

Add chocolate chips if you like.

Microwave for 2 minutes.

Serve with custard or ice cream. 1 mug is big enough to serve 2 people.

Post your mug cakes on our Instagram account phs\_technology\_and\_ict



### STAY SAFE STAY HOME

# ACHIEVER OF THE WEEK



By Tomos Jones 7T

I decided to watch the clip about Elephants as in July 2019 I adopted one who lives in Africa called Kitumu.

I think it is fantastic that Chester zoo are putting on these brilliant shows that give a marvellous insight to life at the zoo and the job the zookeepers do at Chester especially at this current time. I Learnt some cool new facts like one of the elephants in Chester zoo was one of the first ones to be cured from the EEHV virus, but I also just liked seeing my favourite animals lounging in the sun.

Fun Facts: Only male Asian elephant can grow tusks and more Asian elephant are killed due to human animal conflict than poachers which is a good thing as it is estimated that they will not die out for a lot longer. The scientific name for the Asian elephant is Elephant Maximus. They have the largest brain of any land mammal and elephants have more muscles in their trunk (40,000) than in the whole human body.





### STAY SAFE STAY HOME



Please regularly check the school website for any new information. Below are just a few things that we would like to remind you about this week:

### **Health and Wellbeing Faculty**

A fitness video will be posted on Instagram and Twitter each day at 10am for all pupils to access.

Miss Edmunds has made a fitness time table which will be on the school website and social media so pupils know what exercises will be taking place each day.

#### Whole School

There will be remote registration classes running next week, please access these at 9am Monday, Wednesday and Friday, access will be from the school website.

### Year 8

Year 8 Options - all the information pupils need is on the school website. The deadline is 3rd April to submit your 'declaration of interest' form.

### **Login Details**

If you need login details such as Class Charts, MathsWatch, Accelerated Reading or Office 365 usernames, please email Mr Nathan Griffiths and he will reply directly with any information you need.

griffithsn@pontyhigh.co.uk

### **Technology & ICT Faculty**

The Technology & ICT Faculty have lanuced a 30 day food challenge on their Instagram page. A fun way to do something 'foody' everyday. Do what you can, when you can - don't worry if not in order or if you have to adapt them to what you have available. Share your results with the faculty on their Instagram page.



#### Whole School

You don't need a Netflix or Amazon Prime account to watch good documentaries on TV. BBC iPlayer and YouTube have some excellent educational programmes that you can watch.

If you have been watching some good shows or TV programmes be sure to let us know.



Solving logic problems boosts brain power and keeps your memory strong. Answers to the following brain teasers in next weeks newsletter.

- 1. A man stands on one side of a river, his dog on the other. The man calls his dog, who immediately crosses the river without getting wet and without using a bridge or a boat. How did the dog do it?
- 2. What makes this number unique: 8,549,176,320?
- 3. Your parents have six sons including you and each son has one sister. How many people are in the family?