

My Question Paper

Marking Scheme

1. (b) Participation in sport and exercise is influenced by a number of factors. Discuss. [6]

- Body image
- Ability
- Access to facilities
- Parents
- Peer group
- Teachers
- Opportunity
- Coaches
- Health
- Olympics
- Media

Level 1 (1-2)

Just factors. List. No amplification

Level 2 (3-4)

There is limited knowledge of the reasons why they participate. Answers show some amplification.

Level 3 (5-6)

Good knowledge of factors influencing participation. Answers are amplified and developed.

2. (c)
- CURRICULUM/AND EXTRA CURRICULAR – variety, challenging, fun, access for all. INNOVATIVE. Broad, balanced – covering National Curriculum.
 - LINKS WITH CLUBS – gain confidence to join, especially important for females. Opportunities for different roles within physical activity and sport.
 - FACILITIES – variety e.g. pool/squash courts – pupils are more likely to pursue these activities.
 - TEACHERS AND TEACHING:- specialists in certain areas e.g. trampolining. Effective Teaching and Feedback. Teacher's Personality is also important for engagement by all pupils – praise/motivational.
 - SCHOOL ETHOS - supportive
 - Positive or negative influences
- [6]

LEVELS OF RESPONSE

LEVEL 1 (1-2)

Few influences discussed. List type answers with no amplification.

LEVEL 2 (3-4)

There is limited knowledge of the influences – however, there is some amplification.

LEVEL 3 (5-6)

Developed response with good knowledge, understanding, amplification and discussion. Positive or negative responses are acceptable.

[18]

3.

- Q.3 (a)
- Opportunity
 - Awareness
 - Access
 - Role models
 - Access facilities

Women in Sport –

E.g. To understand what has been done and what should be done – perhaps an understanding of the barriers facing access to physical activities will be mentioned and accepted e.g. lack of time/childcare/money – body image, lack of self-confidence, access to facilities, media coverage, lack of role models. Also, Initiatives in England and Wales could be mentioned:- Breeze/Back to Netball/Us girls/I will if you will – in England. Climbing Higher/Creating an Active Wales.

There has been an increased and equal opportunity within all sports, especially male-dominated sports (at all levels), playing, administrative, organisational – gender stereotyping in gradually being broken down – increased coverage and profile of women's physical activities e.g. Netball, Football. Better links now available – post school age. Crèches available – single sex (female) groups in certain activities helps in body image problems.

Candidates could explain the question from their own experiences – which would be fine.

Disabled in Sport –

E.g. Much has been done recently to raise the profile of sport and physical activity for the disabled. Many National Governing Bodies are actively engaged with provision and opportunity. Integrated sports/adapted sports are now of a higher profile:- Paralympics being the pinnacle – in terms of coverage and awareness. [2x3]

[6]

- Adapted playing equipment e.g. shutes for bowling, bell-balls for partially sighted, variable height posts, nets and baskets
- Adapted rules

4.

- (d) Name **one recent technological development** which has encouraged participation in physical activity. [1]

Open ended question - but there should be a link between the development and **participation**.

e.g. be careful here - as it can be questioned as to whether 'hawk-eye' has encouraged participation.

- Accept 'improved performance'
- Media coverage

'Technical development' within media - accept - e.g. Red Button

5.

(a) Research suggests that many people of all ages are not getting enough exercise. Explain how the government could promote a healthy lifestyle. [4]

- Fund initiatives
- Targeted initiatives (media/ campaigns)
- Education – school/ community advice
- Sports development – providing coaches/classes /facilities

1-2 marks for list

3-4 marks for explanation