

Extra-Curricular Timetable Health and Wellbeing

		Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Sports Hall	Touch Rugby Year 7 + 8 Boys	Volleyball Basketball Year 7-11 Girls	5 a Side Year 7-9 Boys	5 a Side Year 11 Boys	5 a Side Year 10 Boys
	Gym			Gymnastics Year 7+8 Girls	Gymnastics Year 9-10	
After School	Sports Hall		Boxing Year 7-9 mix	Netball Year 7-9 Girls	Football Year 7-8 boys Year 7-8 girls	
	Field		Rugby Year 7+8 Boys Rugby Year 7-10 Girls	Dance Drama Studio	Fitness Year 7-9 Gym	