

Encouraging Healthy Living

Mid Morning Break

Bacon Bap	£1.10
Bacon Slice	60p
Cheese on toast	55p
Toast per slice	15p
Toast & jam	35p
Toasties (cheese)	£1.15
Pizza french bread	£1.10
5 " floured pizza	75p
Porridge Pots	85p
Tea Cakes	40p
Cheese Bagels	55p
Cereal Box	40p
Cereal Box and Milk	70p
Crumpets	40p
Jam Muffin	50p

Meal Deals

Curry of the day	£2.50
Set Menu without Dessert	£2.50
Set Menu with Dessert	£2.75
See Menu Boards for daily specials prices from £1.10 to £2.75	

Salad Bar

Cheese	85p
Boiled Egg	25p
Pizza Wedge	£1.25
Pasta Pots	£1.50
Salad Item	35p
Salad Bowl/Coleslaw	55p
Salad Pots	£2.00
Tuna	85p
Boiled Ham or turkey	£1.00

Jacket Potatoes with side salad

Baked Beans	£1.50
Baked Beans and topping of cheese	£1.60
Cheese	£1.60
Coleslaw	£1.40
Plain	95p
Tuna	£1.70

Rolls Sandwiches Baguettes & Wraps

Baguette prices:-	
cheese, ham or tuna	£1.50
with salad	£1.55
Sandwich, Rolls & Wrap prices:-	
cheese, ham or tuna	£1.50
with salad	£1.55
variety of fillings	£1.70
Breakfast baguette bacon, sausage, scrambled egg	£1.75
bread roll with/without spread	40p
plain baguette	50p
Urban Eat's Luxury Range:-	
All sandwiches	£2.25
Wraps	£2.50

Beverages

All Cans	£1.00
Counter Hot Drinks	75p
Bean to cup coffee / hot chocolate takeaway cup	£1.20
Bean to cup coffee / hot Chocolate refillable cups	£1.00
Refillable cups free coffee / hot chocolate	£4.99
Capri Sun	70p
Calypso cartons	60p
Fruit slush	£1.00
Plain Water	60p
Pint Milk	60p
Rapidz Drinks	80p
Milk	55p
Yazoo milk small	65p
Yazoo milk	£1.20
Cuplets	35p
Radnor fizz	65p
Radnor Hills Small	65p
Radnor Hills Large	85p
Milk 189mls	40p

Favourites

Baked Beans	60p
Boiled Potatoes	60p
Creamed Potatoes	60p
Curry Sauce	60p
Chicken Burger in a roll	£1.40
Frankfurtar bap	£1.00
Cheese Bake	65p
Pasta Bake	£1.50
Pizza Wedge	£1.20
Pizza french bread	£1.00
Soup of the day with bread roll	£1.25

Popin Chicken (8)	£1.20
Quorn Dippers (5)	£1.20
Cheese bagel	60p
Cheese & ham bagel	70p
7in round pizza in a box	£1.60
Chips	£1.45
Wedges	£1.25
Gravy	55p
Sausage	60p

Pasta King

Pasta King	£1.80
Love Joe's	£1.55
Love Joe's deal	£2.00

Sub Central

Sub Central	£1.80
Meal Deal	£1.80
Wok u Want	£1.75

Cool Ices

Jubblys	40p
C/Delight push up	70p
C/Delight R/ripple Cups	35p
C/Delight Twin Lollies	25p
C/Delight Rocket lollies	25p
C/Delight Flash Ice Pops	20p
C/Delight Ice Cream Cones	40p

Cakes

Cold Sweet	70p
Cookies	65p
Fairy Cake	50p
H/Made Flapjack	50p
Pudding & Custard	£1.00

Yogurts/Fruit

Fresh Fruit	40p
Fruity Pots	60p
Yoghurt	50p
Fruit Salad Pots	£1.00

Confectionery

Nutrigrain Bars	75p
Welsh Cakes	40p
H/M Shortbread	25p
Packs Biscuits	30p
Pikelets x2	50p
Mini Muffin	40p
Oat Cookies	70p
Flapjacks sml	35p
Fruit Cookies	70p

All items subject to availability and not all items available in every school. Please ask for assistance if you suffer from any allergies as we can not recommend that our products are allergen free for those requiring a specialist diet. No GM products used, no hydrogenated oils. Catering Direct actively support the Appetite for Health Programme.



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bywyd mwy iach for a healthier lifestyle

Hyrwyddo Bywydau Iach

Egwyll Canol Bore

Rhól Bacwn	£1.10
Tafell o facwn	60c
Caws ar dost	55c
Tost	15c
Tost a jam	35c
Brechdan Grasu (Toastie caws)	£1.15
Pitsa bara ffrengig	£1.10
Pitsa 5"	75c
Potiau Uwd	85c
Cacen de	40c
Bagel Caws	55c
Bocs Grawnfwyd	40c
Bocs Grawnfwyd a llaeth	70c
Cwmped	40c
Myffin jam	50c

Bargeinion Bwyd

Cyrri y dydd	£2.50
Bwydlen gosod heb bwddin	£2.50
Bwydlen gosod gyda phwddin	£2.75
Gweler y Bwrdd Bwydlenni ar gyfer cynigion arbennig y dydd, prisoedd o £1.10 i £2.75	

Bar Salad

Caws	85c
Wŷ wedi'i ferwi	25c
Tafell o bitsa	£1.25
Pot Pasta	£1.50
Eitem o salad	35c
Powlen Salad/Colslô	55c
Pot Salad	£2.00
Tiwna	85c
Ham neu Dwrci	£1.00

Tatws pob (gyda salad)

Ffa pob	£1.50
Ffa pob a chaws	£1.60
Caws	£1.60
Colslô	£1.40
Plaen	95c
Tiwna	£1.70

Rholiau, Brechdanau, Bagéts a Thortilas

Prisoedd Bagéts:-	
caws, ham neu tiwna	£1.50
gyda salad	£1.55
Prisoedd Brechdanau, Rholiau a Thortilas:-	
caws, ham neu diwna	£1.50
gyda salad	£1.55
amrywiaeth o lenwadau	£1.70
bagét brechwast gyda bacwn, selsigen, wŷ wedi'i sgramblo	£1.75
rhól fara gyda neu heb fenyn	40c
bagét plaen	50c
Danteithion moethus Urban Eat:-	
Pob brechdan	£2.25
Tortilla	£2.50

Diodydd

Caniau	£1.00
Diodydd Poeth	75c
Coffi ffres / siocled poeth – cwpan untro	£1.20
Coffi ffres / siocled poeth – cwpan i'w ail-lenwi	£1.00
Cwpan i'w ail-lenwi gyda choffi / siocled poeth am ddim	£4.99
Capri Sun	70c
Carton Calypso	60c
Slush Ffrwythau	£1.00
Dŵr Plaen	60c
Peint o laeth	60c
Diodydd Rapidz	80c
Llaeth	55c
Llaeth Yazoo (bach)	65c
Llaeth Yazoo (mawr)	£1.20
Diod mewn cwpan	35c
Radnor fizz	65c
Radnor Hills (bach)	65c
Radnor Hills (mawr)	85c
Llaeth 189mililitr	40c

Eitemau Poblogaidd

Ffa pob	60c
Tatws wedi'u berwi	60c
Tatws Hufennog	60c
Saws Cyrri	60c
Byrger cyw iâr mewn rhól	£1.40
Rhól Frankfurtar	£1.00
Caws pob	65c
Pasta pob	£1.50
Tafell o bitsa	£1.20
Pitsa bara ffrengig	£1.00
Cawl y dydd gyda rhól fara	£1.25

Cyw iâr pop (8)	£1.20
'Quorn Dippers' (5)	£1.20
Bagel caws	60c
Bagel ham a chaws	70c
Pitsa 7" mewn bocs	£1.60
Sglodion	£1.45
Trionglau tatws	£1.25
Grefi	55c
Selsigen	60c

Pasta King

Pasta King	£1.80
Love Joe's	£1.55
Bargen bwyd 'Love Joe's'	£2.00

Sub Central

Sub Central	£1.80
Bargen Bwyd	£1.80
Wok u Want	£1.75

Hufen iâ a lolis

Jubbly	40c
Loli 'push up' C/Delight	70c
Cwpanau hufen iâ mafon C/Delight	35c
Loli dwbl C/Delight	25c
Loli 'Rocket' C/Delight	25c
'Flash Ice Pops' C/Delight	20c
Côn hufen iâ C/Delight	40c

Cacennau

Pwddin oer	70c
Cwci	65c
Cacen fach	50c
Fflapjac cartref	50c
Pwddin a chwstard	£1.00

logwrt/Ffrwythau

Ffrwythau ffres	40c
'Fruity Pot'	60c
logwrt	50c
Salad ffrwythau	£1.00

Melysion

Byrbryd Nutrigrain	75c
Pic ar y maen	40c
Cacen frau H/M	25c
Pecyn o fisgedi	30c
Picen x2	50c
Myffin bach	40c
Cwci ceirch	70c
Fflapjac (bach)	35c
Cwci ffrwythau	70c

Yn amodol ar argaeledd. Dydy'r eitemau i gyd ddim ar gael ym mhob ysgol. Gofynnwch am gymorth os oes gyda chi unrhyw alergeddau gan nad oes modd i ni argymhell bod ein cynhyrchion heb alergenau ar gyfer yr unigolion sy'n dilyn deiet arbennig. Dydyn ni ddim yn defnyddio cynnyrch sydd wedi'i addasu'n enetig nac olew hydrogenaid. Mae'r Gwasanaeth Arlwyo yn cefnogi Rhaglen Blas am Oes.



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